



Sedona, Arizona

Angel Valley is nestled in 70 secluded acres surrounded by thousands of acres of the National Forest. Oak Creek runs through Angel Valley and the surrounding Sedona red rocks assist in creating a unique energetic environment to support one's journey of self-discovery, healing and realization of the True Self. The True Self consists of our body, our minds, our emotions and our spiritual being. Angel Valley offers the opportunity for you to "retreat" from the "bus-i-ness" of life while providing the environment and services to assist you to connect with and express your true nature.

The facilities, sleeping accommodations and meals at Angel Valley provide a perfect setting of support for a group retreat, personal retreat, overnight stay, day visit, workshop or ceremony. Onsite services include counseling, guidance and healing on all levels. The energies of many vortexes and energy spots, waters and vegetation support, transform, heal and nourish as well as create a powerful supportive energy field. This co-operation between Earth, Man and Spirit is an expression of the overall creation of Heaven on Earth, blending the physical and spiritual into Oneness.

There are spacious conference and meeting rooms, comfortable guest accommodations, nutritious meals and a service-oriented staff, which will enhance your group retreat experience.

**Here are a few of the highlights that await you at Angel Valley Spiritual Retreat Center**

**The Crystal Hall** is a beautiful conference space of 1150-sq. ft., suitable for 70-75 people auditorium style or 33 yoga or exercise movement based on 35-sq. ft per person.

**The Heart Pavilion** is a 52-ft. diameter round tent that seats up to 244 people or can be used for large group activities such as movement, ceremonies and receptions

**The Orange Guesthouse** gathering room is 260-sq. ft. and is fully carpeted. This room is ideal for intimate or small group meetings of 10-15 people sitting and 8 for Yoga or exercise movement. The room opens to a delightful front porch for expanded use.

**The Light House** is the original homestead. The 370-sq. ft. main room is carpeted and can hold 20-24 people sitting on back-jacks or 11 for Yoga or exercise. This room is ideal for quiet meditation. This space has limited availability for groups.

Angel Valley offers a variety of sleeping spaces for individuals and groups. There are Creekside Guesthouses overlooking Oak Creek with views of the beautiful Sedona-famous red rocks. There is a sense of privacy within your own world. Each guesthouse is beautifully decorated, making the living and dining rooms a wonderful place to meet and share.

During 2007 another 17 cabins will be built.

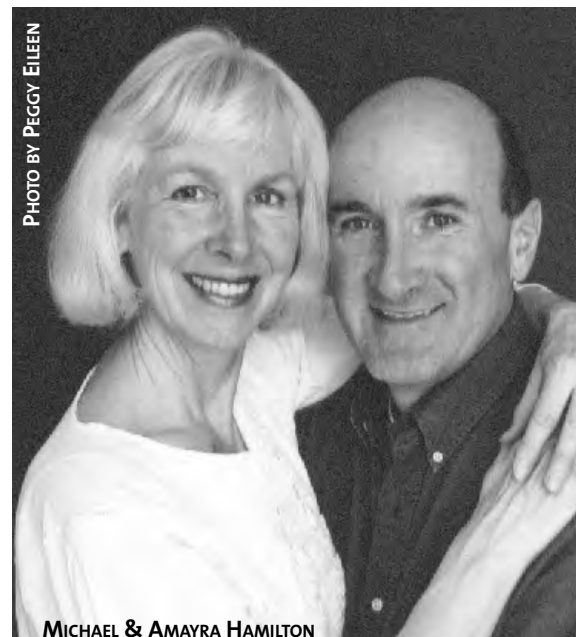


PHOTO BY PEGGY EILEEN

MICHAEL & AMAYRA HAMILTON

**The Angels of Angel Valley  
An Interview with Michael and Amayra Hamilton  
BY LANE M. BADGER**

**Co-Designing with Spirit**

Although the higher presences are palpable over this pristine valley, just west of Sedona, Michael and Amayra Hamilton, do a masterful job interconnecting Heaven and Earth in their beautiful Angel Valley Spiritual Retreat Center. Sitting in their home, on the crest of a hill overlooking the broad vista of their terrestrial designs, which include a labyrinth, angel wheel, special gardens, walkways and of course, their ongoing building projects, Amayra and Michael Hamilton, look out on their creation with a calm, resolute vision.

In a few short years, they have transformed this valley into a one of the most important retreat centers in the country with programs featuring notable names in the holistic health, spirituality, native wisdom and more. It's hard to think of the bustling streets of Sedona just a few miles away, counterpoised to the quiet perfection and inner calm of Angel Valley. It is in this atmosphere that I had a chance to interview this most interesting couple.

**Four Corners: How did Angel Valley Spiritual Retreat Center come into being?**

**Amayra:** Well, this was one of our great leaps of faith and we just didn't know how it was going to be. One day, Michael was browsing through a real estate book and said, "Hey, what about calling on that 70-acre property?" ... and I just started laughing and said, "Sure, go ahead."

**Michael:** After having Michael's Vision, our first retreat center next to Cathedral Rock, we were guided here to this property. We bought it right way. One night we talked about what to name it because of the strong presence of Archangel Michael here... and the other great archangels Uriel, Raphael and Gabriel as well. All of a sudden, I came up with 'Angel Valley'. Once we started calling it that, we thought, "Now we really have to step up to the plate on this one!"

**FC:** This is a large multidimensional custodial

**project for the two of you. How do you do it?**

**A:** (laughing) Yes! And that is the way it is between the two us, Michael always comes up with crazy ideas and I jump on it.

**FC: So he's the visionary?**

**A:** Yes, he certainly is.

**FC: And you're the manifestor?**

**A:** Yes, Michael could stay up in the air with beautiful ideas. If we were duplicates of each other, that would be boring. We're very different people in different worlds.

**M:** It's a perfect match.

**FC: Tell me about the energetic grid which you have set up on your property?**

**M:** First of all, we have the energy of different archangels in the hills surrounding the property. (He points outside.) There's Michael's hill over there, and Gabriel, Raphael and Uriel circle the property.

**FC: Do you have special hiking trails up to these hills.**

**M:** Yes, we do, so people can connect with the special energy at each point.

**FC: Does the placement of your buildings align with energy or lay lines on the property?**

**M:** As best as we can interpret it.

**A:** When we build new buildings we can align them properly so that it does not interfere with a line. There are lines and places where you should not build.

**FC: What kind of lines do you have on the property?**

**M:** We have vortexes and energy lines. We also do our best to create green buildings and use non-toxic products here.

**A:** We are still not solar but that's coming.

**FC: Do you have wells on the property?**

**A:** Yes, with water of spectacular quality.

**FC: And do you have an organic or bio-dynamic garden?**

**M:** It's taken a year off but it's coming back into production this year. We gave it one year to recharge and do whatever it needed to do. We will actually begin the planting in March.

**A:** The garden is quite big. We will use the food for the retreats and sell the rest to the community.

**M:** One of the important ideas that we are working with here at Angel Valley is the concept of "Corporate Divinity". We are creating a corporate divinity here. As long as we're in this third dimension, corporations are a reality. How do we then work with them in a divine way? First, we must ask ourselves what *is* the truth and not how much money can we make. In the past we have had the divine and corporate worlds. There hasn't been an easy marriage between the two. They are paradoxical. And when you find a paradox, there you can also find truth. Doorways open to another dimension when you bring the corporation business in with the divine. People must follow and listen to their heart, first, and then offer a business product based on that heart direction. This way we will be creating a whole different paradigm.

A lot of spiritual people are struggling with abundance. Why? The Universe doesn't struggle. So our belief is that we can truly marry the corporate and the the divine for an abundant way of living. All that we need will be provided: finance, food, health. Our garden symbolizes this. That's what we are creating.

**FC: The theme of this interview is about this new vision. It's a chapter right out of 'The Secret'.**

**M:** The outer is only a reflection of the inner. In other words...I cannot see out there, what does not first exist in here. (Michael points to his heart.) The more we change us, the more us manifests something different out there. That's the message of 'The Secret', that's the message of the 'What the Bleep?'.

**FC: I think this is true consciousness.**

**M:** It's our divine nature.

**FC: Is this an indication of the Second Coming of the Christ in which the divinity within is able to shine out and manifest in a number of new ways?**

**M:** Interesting you bring that up, because when there is true awakening of the divine within, it can be Christ; it can be Krishna. What is the true awakening within your thoughts? What is the divine essence of who you are? It's about each person finding their Christed energy within, their own Buddha energy within, their own guru energy within and being able to express and live it. That is for me the Second Coming.

**FC: I'm love – I'm truth – I'm wisdom.**

**M:** Exactly. And for us it's not about looking outside ourselves and waiting for a sign. It's about changing inside and seeing the signs outside, signs which reflect what we've already changed in ourselves. If something we don't want is still showing up, we haven't really changed. Then it's necessary to go deeper. It only manifests out there when it is actually inside.

**FC: Well you have created a beautiful center here so I am sure your inner world must be pretty spectacular!**

**M:** It's a process of evolving and getting more insight and more commitment to ourselves - to trust in ourselves. The more we believe in ourselves, the more we can do. We are in a constant state of becoming who we already are.

**FC: It's nice that you have such a successful partnership and marriage in which you both hold the same life ideals.**

**A:** I think so. And we also have our bumps! Success in the relationship has everything to do with how we deal with our bumps. Success also has to do with not giving up when the first hurdle comes.

**FC: Let me ask you, does consensus reality exist in this creator-self world?**

**M:** Oh it absolutely does... absolutely does...but I can be separate from it. My reality is my reality. It's all about choice. Nothing can happen to me in a negative way if I hold my own frequency. The Universe will shift that intent around and literally benefit me for whatever is being thrown at me, I believe. It just allows us to shine brighter. It's a way of living to choose freedom and to choose the light. Watch and experience, from a frequency perspective, whatever your choice is in alignment with!

**FC: Is there anything else you would like to share or want to include in the article. Is Corporate Divinity your one vision for 2007?**

**M:** Another theme that we work with here at Angel Valley is about creating Heaven on Earth by being, in every moment, connected with the Source. It's about being able to listen and implement.

**A:** This is a place where things happen that we can not understand with our minds. They are often called miracles. Miracles are basically natural things that happen in accordance with universal laws. We wouldn't be here without them. We wouldn't have that new bridge out there without them.

There are people who come here for a weekend, and my gosh, you may think what can you do in a weekend? But one weekend can absolutely change one's life. When one person comes here and he or she takes it home to San Francisco, Boston or wherever, the ripple effect is just gigantic!

**M:** And, it's about truly being in the 'now' moment. Everyday is what's here today because the now moment is the only moment I have. The heart only knows the now. So as I look at the now, Corporate Divinity is about supporting those that come on my path; it's about me living my truth and about inviting all people to truly find their own path- by being it myself- by living it myself!



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